



# TOXIC PLANTS

## FOR PETS - HOUSEPLANTS/FLOWERS

Available 24/7  
\*Fees Apply

ASPCA Poison Control • Call (888) 426-4435\*  
Pet Poison Helpline • Call (855) 764-7661\*  
Animal Poison Hotline • Call (888) 232-8870\*

Veterinarian: \_\_\_\_\_

Emergency Vet: \_\_\_\_\_



Plant toxicity can range from mild discomfort to severe poisoning. Consult with your pet care professional or veterinarian if you think your pet has ingested a toxic item.

**ALOE VERA**



**BABY'S BREATH & IVY**



**CRASSULA OVATA "JADE"**



**DIFFENBACHIA**



**PHILODENDRON**



**POTHOS "DEVIL'S IVY"**



**SAGO PALM**



**ZZ PLANT**



**CALADIUM "ELEPHANT EAR"**



**LILLIES - ALL TYPES**



Calla  
Tiger  
Stargazer  
& other  
varieties

**CORN PLANT**



**ASPARAGUS FERN**







# TOXIC & SAFE

## PLANTS & FLOWERS FOR PETS

Available 24/7  
\*Fees Apply

ASPCA Poison Control • Call (888) 426-4435\*  
Pet Poison Helpline • Call (855) 764-7661\*  
Animal Poison Hotline • Call (888) 232-8870\*

Veterinarian Name/Number: \_\_\_\_\_

Emergency Vet Name/Number: \_\_\_\_\_

Plant and Flower toxicity can range from mild discomfort to severe poisoning. Plants and Flowers considered to be highly toxic are marked with an asterisk\*. Consult with your veterinarian if you think your pet ingested a toxic item.

Plants and Flowers listed are most popular. For a complete list, go to: [aspcapet-care/animal-poison-control/dogs-plant-list](http://aspcapet-care/animal-poison-control/dogs-plant-list)

### FLOWERS - GARDEN & BOUQUETS

#### TOXIC



- Baby's Breath
- Daffodil/Narcissus
- Tulip
- Oleander\*
- Cyclamen\*
- Amaryllis/Allium
- Chrysanthemum
- Lily (all varieties)\*
- Lily of the Valley\*



- Foxglove\*
- Peony
- Autumn Crocus\*
- Angel Trumpet\*
- Hyacinth
- Carnation
- Sweet Pea\*
- Begonia
- Geranium

#### SAFE



- Sunflower
- Rose
- Aster
- Orchid
- Jasmine
- Nasturtium
- Marigold
- Zinnia
- Snapdragon



- Cornflower
- Fuschia
- Camelia
- Pansy/Viola
- African Daisy
- Hibiscus
- Impatiens
- Petunia
- Celosia "Cockscomb"

### PLANTS - GARDEN & HOUSE

#### TOXIC



- Aloe Vera
- English Ivy
- Cressula Ovata "Jade"
- Diffenbachia\*
- Caladium "Elephant's Ear"
- Pothos "Devil's Ivy"
- Philodendron
- Holly
- Yew Bushes



- Corn Plant
- Asparagus Fern
- Castor Bean Plant\*
- Poinsettia
- ZZ Plant
- Sago Palm
- Azalea\*
- Rhododendron\*
- Hosta

#### SAFE



- Polka Dot Plant
- Boston Fern
- Sweet Potato Vine
- Blue Echeveria
- Burro's Tail
- Hens and Chicks
- Bamboo
- Rubber Plant (Ficus)
- Venus Fly Trap



- Ponytail Palm
- Bamboo Palm
- Christmas Cactus
- Coleus
- Reed Palm
- Spider Plant
- African Violet
- Velvet Plant
- Crape Myrtle





# TOP 10 TOXINS OF 2021



Each year the ASPCA® Animal Poison Control Center (APCC) compiles its data and releases the top 10 categories of toxins that pets encounter each year. The APCC received calls about **320,350** items that pets were exposed to in 2021.

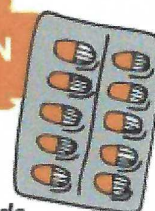
## 1 OVER-THE-COUNTER (OTC) MEDICATIONS

Most common were **ibuprofen, vitamin D and herbal supplements.**



## 2 HUMAN PRESCRIPTION MEDICATIONS

Including **antidepressants, cardiac medications and ADHD meds.**



## 3 FOOD

Most common were **protein bars and shakes, xylitol, onions/garlic and grapes/raisins.**



## 4 CHOCOLATE

We received over **103 cases a day – that's more than one case every 15 minutes!**



## 5 PLANTS

Made up **9.8% of calls** as gardening remained a popular hobby this year.



## 6 HOUSEHOLD TOXINS

**Cleaning products and paint** made up 8.3% of all calls.



## 7 VETERINARY PRODUCTS

**Chewable products, such as joint and calming chews, are tasty for pets.**



## 8 RODENTICIDES

Rodenticides can either cause **bleeding, seizures or kidney failure** depending on the type ingested.



## 9 INSECTICIDES

**Safer alternatives for flea, tick, and indoor insect control** continue to cause this number to decrease.



## 10 GARDEN PRODUCTS

**Dogs love to eat organic fertilizers** (bone meal, blood meal, feather meal).



If you have any reason to suspect your pet has ingested something toxic, please contact the **ASPCA Animal Poison Control Center's 24 hour hotline** at **(888) 426-4435** or your veterinarian.

**ASPCA** | (888) 426-4435  
Animal Poison Control Center



# Keeping Pets Safe Around Kids

Many items that are common around children can be dangerous to pets. Here are some of the top dangers to watch out for!

## Sugar-free Gum and Candy

- Can contain xylitol, which causes low blood sugar and liver failure in dogs
- Xylitol is nontoxic to cats but can still cause stomach upset

## Over-the-Counter and Prescription Medications

- OTC medications such as ibuprofen and acetaminophen can have serious effects
- Prescriptions such as ADHD medications and albuterol inhalers can cause life-threatening signs

## Hand Sanitizer/Cleaning Supplies

- Most common symptoms are stomach upset but could also cause more serious signs such as drunkenness
- Antibacterial wipes can cause stomach upset and obstruction

## Lunchboxes

- Can contain dangerous people foods such as grapes, raisins, macadamia nuts and chocolate
- Plastic wrappers, foil and packaging can cause blockages in the digestive tract
- Moldy food can potentially cause muscle tremors and seizures
- Cold packs are typically nontoxic but could still cause stomach upset

## Art Supplies - Check Those Labels!

- If a product carries an AP seal, it is non-toxic but could still be a concern for an obstruction
- Products with a CL seal may present a toxic risk because they may contain heavy metals or other dangers, so it would be safest to consult with a veterinarian on how to proceed

For a more extensive list of pet toxins, visit [ASPCA.org/APCC](https://www.aspcapet.org/APCC)





# TOXIC FOOD

## FOR PETS - DOGS & CATS

ASPCA Poison Control • Call (888) 426-4435\*  
 Pet Poison Helpline • Call (855) 764-7661\*  
 Animal Poison Hotline • Call (888) 232-8870\*

Available 24/7  
 \*Fees Apply

Veterinarian: \_\_\_\_\_

Emergency Vet: \_\_\_\_\_



Food toxicity can range from mild discomfort to severe poisoning. Consult with your pet care professional or veterinarian if you think your pet has ingested a toxic item.

### BONES, MEAT & FISH



- Fat Trimmings, Fatty Foods
- Bones: Fish & Poultry
- Raw: Meat, Fish & Eggs

### COFFEE/TEA/CAFFEINE



- Energy Drinks, Coffee & Tea

### ALCOHOL

- Beer
- Wine
- Liquor



### FRUITS/PITS/RAISINS



- Avocado, Rhubarb, Grapefruit
- Grapes/Raisins/Currants
- Fruit Pits/Citrus Rinds (Skins)

### VEGETABLES



- Garlic, Onions, Chives, Leeks
- Mushrooms, Tomatoes

### DAIRY



- Milk, Cream, 1/2 & 1/2
- Butter, Butter Spread
- Ice Cream, Whipped Cream

### CHOCOLATE & SWEETS



- Chocolate, Gum, Candy
- Sugary Foods (in large amounts)

### NUTS & SEEDS



- Nuts: Macadamia, Almonds, Walnuts, Pistachios, Pecans
- Seeds: Sunflower, Pumpkin

### SALT & SPICES

- Salty Foods (in large amounts)
- Salt, Pepper, Nutmeg



### ARTIFICIAL SWEETENERS

- Aspartame or Xylitol (frequently found in sugar free candy, gum, peanut butter)



### GRAINS & STARCHES



- Yeast Dough, Moldy Bread
- Homemade Play or Salt Dough
- Potato Skins/Raw Potatoes

### JUNK FOOD

- Popcorn (choking hazard)
- Potato, Corn, or Taco Chips
- Fried Food
- French Fries







# TOXIC & SAFE

## HUMAN FOODS FOR PETS

Available 24/7  
\*Fees Apply

ASPCA Poison Control • Call (888) 426-4435\*  
Pet Poison Helpline • Call (855) 764-7661\*  
Animal Poison Hotline • Call (888) 232-8870\*

Veterinarian Name/Number: \_\_\_\_\_

Emergency Vet Name/Number: \_\_\_\_\_



Food toxicity can range from mild discomfort to severe poisoning. Consult with your veterinarian if you think your pet ingested a toxic item.

### MEATS & FISH

#### TOXIC

- Fatty/Junk Foods
- Fat Trimmings
- Fish & Poultry Bones
- Raw Meat
- Raw Fish
- Raw Eggs



#### SAFE

- Cooked Lean Beef, Lamb, Pork, Chicken or Turkey (unseasoned)
- Cooked Tuna or Salmon (unseasoned in moderation)
- Cooked Eggs
- Broth (low sodium)



### NUTS, SWEETS & SPICES

#### TOXIC

- Salty Foods (in large amounts)
- Sugary Foods (in large amounts)
- Artificial Sweeteners: Aspartame or Xylitol (frequently found in sugar free candy, gum, peanut butter)
- Chocolate
- Nutmeg
- Nuts: Macadamia, Almonds, Walnuts, Pistachios, Pecans
- Seeds: Sunflower, Pumpkin, Fruit
- Gum
- Candy

#### SAFE

- Honey (in small amounts)
- Peanut Butter (with real sugar)
- Oils: Olive, Coconut, Flax (in small amounts)

### FRUITS

#### TOXIC

- Avocado
- Grapes
- Raisins
- Currants
- Rhubarb
- Grapefruit
- Citrus Rinds (Skin)
- Fruit Pits: Apricots, Peaches, Plums, Cherries, Nectarines



#### SAFE

- Apples
- Bananas
- Melons: Cantaloupe, Honey Dew, Watermelon
- Kiwi
- Fruit only-no Pits: Mangoes, Apricots, Peaches, Plums, Nectarines
- Pumpkin
- Pineapple
- Pears
- Berries: Strawberries, Blueberries, Blackberries, Raspberries
- Citrus: Oranges, Clementines, Tangerines, Lemons (no rinds)

### STARCHES & GRAINS

#### TOXIC

- Yeast Dough
- Moldy Bread or Food
- Homemade Play or Salt Dough
- Potato Skins/Raw Potatoes
- Popcorn kernels (choking hazard)



#### SAFE

- Potatoes/Sweet Potatoes (cooked with skin removed)
- Rice (in small amounts)
- Grains: Oatmeal, Polenta (cooked)
- Whole Grain Bread (small amounts)
- Popcorn (air popped plain)

### VEGETABLES

#### TOXIC

- Garlic
- Onions
- Chives
- Leeks
- Mushrooms
- Tomatoes



#### SAFE

- Green Beans
- Carrots
- Celery
- Asparagus
- Broccoli
- Cooked Zucchini/Squash
- Peas

### DAIRY

#### TOXIC

- Milk, Cream, 1/2 & 1/2
- Butter, Butter Spread
- Ice Cream, Whipped Cream



#### SAFE

- Cheese (in small amounts)
- Cottage Cheese (in small amounts)
- Greek Yogurt (plain, low fat)

### DRINKS

#### TOXIC

- Alcohol (Beer, Wine, Liquor)
- Caffeine (Energy Drinks, Coffee & Tea)



#### SAFE

- Water
- Coconut water (unsweetened)

Keep them safe. Keep them protected. • TLC Safety By Design® • [TLCsafetyByDesign.com](http://TLCsafetyByDesign.com)